



NH Vocational Rehabilitation (NHVR) provides disability-related employment solutions. Eligibility requires a physical or mental disability that is supported by a diagnosis from a doctor, psychologist, or licensed professional.

INDIVIDUALIZED SUPPORT:

NHVR counselors will work with you to develop an **Individualized Plan for Employment (IPE)**. Based on your interests, needs and capabilities, our services will assist you in making informed choices that meet the goals of your vocational future.

SERVICES INCLUDE:

- Evaluation • Vocational Guidance • Counseling • Restoration • Training • Employment • Accommodations

NHVR REGIONAL OFFICES

Main Office: 21 South Fruit St., Ste. 20, Concord NH
603-271-3471 or 1-800-299-1647 Fax: 603-271-7095

BERLIN

650 Main St., Ste. 110
Berlin, NH 03570
1-888-300-9550

KEENE

149 Emerald St., Ste. T
Keene, NH 03431
1-800-620-7688

THE OFFICE OF SERVICES FOR BLIND & VISION IMPAIRED

21 South Fruit St., Ste 20
Concord, NH 03301
603-271-3537
1-800-581-6881

CONCORD

21 South Fruit St., Ste. 20
Concord, NH 03301
1-800-299-1647

MANCHESTER / NASHUA

One Sundial Ave., Ste. 201N
Manchester, NH 03103
1-800-627-9304

PORTSMOUTH

215 Commerce Way, Ste. 3
Portsmouth, NH 03801
1-800-882-2744

For more information, visit:
www.education.nh.gov/career/vocational



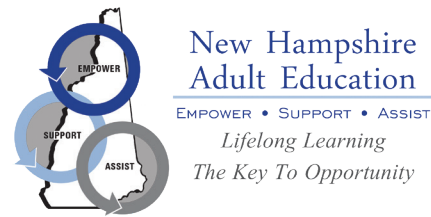
WORKREADYNH

WorkReadyNH helps job-seekers improve their skills and add a nationally recognized credential to their resume. The program also helps companies foster a skilled workforce and find qualified employees.

ARE YOU ELIGIBLE FOR THIS FREE PROGRAM?

Any New Hampshire resident 18 years or older, not enrolled in education is eligible and should contact the WorkReadyNH Coordinator at your local participating Community College.

For more information, visit:
www.ccsnh.edu/workreadynh



NH Bureau of Adult Education provides educational opportunities to assist adults to become literate and obtain the knowledge and skills necessary for employment and economic self-sufficiency.

SERVICES INCLUDE:

- Skill building in reading, writing and math • English language acquisition
- Workforce preparation • High school equivalency or diploma attainment
 - Integrated education and training classes
- Preparation for transition to postsecondary education, training and/or employment

For more information, visit:
www.education.nh.gov/career/adult



Earn as you learn, and gain a national credential with **ApprenticeshipNH**, a program that helps connect job-seekers and NH employers through registered apprenticeship programs. Apprenticeships may be available in high-demand industries, such as healthcare and advanced manufacturing, as well as in trades, like plumbing and electrical. All programs include paid on-the-job training, plus job-relevant classroom education that can help you advance your career.

For more information, visit:
www.earnlearnnh.org

Other Online Resources:

www.careeronestop.org

Tools to help job seekers explore careers

www.vcn.org

Career exploration for healthcare

www.mynextmove.org

Three ways to explore careers

www.mynextmove.org/vets

Designed for helping vets transition to civilian careers

www.myskillsmyfuture.org

Match your occupational skills with skills needed in other fields

www.careeronestop.org/vets

Assist vets with employment, training, career planning, financial and emotional help

www.careeronestop.org/reemployment

Connects laid-off workers to needed resources for training and reemployment



WE'LL HELP YOU FIND YOUR FUTURE

RAPID RESPONSE PROGRAM

www.nhworks.org

A proud partner of the **americanjobcenter** network

We're here to help you get back to work.

Your Guide to Re-Employment Services

WHAT IS RAPID RESPONSE?

Rapid Response is a team from your local NH Works Career Center who respond to layoffs/closures and introduce dislocated workers to available programs and opportunities to help with re-employment.

This Rapid Response Guide and the staff at NH Works Centers can help you with:

- Filing for unemployment benefits
- Resume preparation
- Career decision making
- Interview techniques
- Assessments to help determine talents
- Training opportunities
- Key job and career websites
- Paid on-the-job training
- Support services
- Job search
- Health and Human Service Programs
- Vocational Rehabilitation Services
- Important telephone numbers and office locations

THERE ARE 12 NH WORKS CAREER CENTERS TO ASSIST YOU WITH YOUR RE-EMPLOYMENT EFFORTS.

Please visit or call any of the centers below for more information on the programs and services listed in this guide.

BERLIN

151 Pleasant St.
603-752-5500

KEENE

149 Emerald St.
603-352-1904

NASHUA

6 Townsend West
603-882-5177

CLAREMONT

404 Washington St.
603-543-3111

LACONIA

426 Union Ave., Ste. 3
603-524-3960

PORTSMOUTH

2000 Lafayette Rd.
603-436-3702

CONCORD

45 South Fruit St.
603-228-4100

LITTLETON

646 Union St., Ste. 100
603-444-2971

SALEM

29 South Broadway
603-893-9185

CONWAY

518 White Mountain Rd.
603-447-5924

MANCHESTER

300 Hanover St.
603-627-7841

SOMERSWORTH

6 Marsh Brook Drive
603-742-3600

The Office of Workforce Opportunity, NH Department of Business and Economic Affairs is a sponsor of the NH Works system and is a proud member of the American Job Center network and an equal opportunity employer/program. Auxiliary aids and services are available upon request to individuals with disabilities.
TDD ACCESS: RELAY NH 1-800-735-2964



NEW HAMPSHIRE EMPLOYMENT SECURITY

New Hampshire Employment Security (NHES) supports workers through times of unemployment, matches job seekers with employers, provides employers with information and assistance to build a quality workforce, and provides businesses and individuals with the information they need to adapt to a changing economy.

For more information on the following programs, visit:
www.nhes.nh.gov

UNEMPLOYMENT INSURANCE: The Unemployment Insurance (UI) benefits provide temporary financial assistance to unemployed workers who have lost their job through no fault of their own, while they look for work. To collect benefits, you must be ready, willing, and able to work. To qualify for UI benefits, you must have enough work and wages in covered employment.

FOR JOB SEEKERS: NHES is the place to start when you're looking for your first job, your next job, a better job, or a new career. We have free services, resources, and tools to help you with the entire job search process. You do not need to be claiming unemployment benefits or be out of work to use this service.

JOB AND RESOURCE FAIRS: Job fairs help job seekers seeking employment, and assist employees, like speed dating, but finding the right employment match. To view upcoming Job and Resource Fairs, visit us at: www.nhes.nh.gov/media/job-fairs or call: (603) 228-4083.

VETERANS LOOKING FOR A JOB: NHES provides priority of service to veterans and eligible spouses for employment and training services. If you are a veteran, contact a NHES office for a veterans' representative.

THE RETURN TO WORK INITIATIVE is a voluntary program to provide a structured, supervised training opportunity to unemployed, non-claiming New Hampshire residents, and eligible New Hampshire claimants, while continuing to collect unemployment compensation. The training program is up to six weeks, and a maximum of 24 hours per week.

THE JOB MATCH SYSTEM (JMS) enables job seekers to conduct a job search using Internet spider technology to view jobs posted by employers and match skills to positions posted on national job boards and private industry web sites.

OUR RESOURCE CENTERS: You can also visit your local NHES office in-person. Our resource centers provide job seekers with computer access to job listings throughout the state and the nation. Most local offices have jobs posted on bulletin boards and help wanted ads from local newspapers. Some offices also provide opportunities to meet with employers and armed forces recruiters.

For more information on the JMS, visit:
<https://nhworksjobmatch.nhes.nh.gov>



WORKFORCE INNOVATION AND OPPORTUNITY ACT (WIOA)

The **Workforce Innovation and Opportunity Act (WIOA)** is a federally-funded re-employment and job training program that assists dislocated workers. Each NH Works Career Center has **WIOA Employment Career Navigators** who can assist you with the following services:

- **Resume Preparation:** Assistance in creating a well-prepared resume that makes a good impression.
- **Career Decision Making:** Your WIOA Career Navigator will discuss your work experience and talents and may provide you skills assessment tests to help determine a career path.
- **Interviewing Techniques:** Learn the key elements of a good interview and how to use them.
- **Training Opportunities:** WIOA Career Navigators will discuss all the job retraining programs eligible to you, including Individual Training Accounts and high school equivalency certificate or diploma attainment.
- **Paid On-The-Job Training:** Helping a prospective employee with wage reimbursement, an incentive you can use to help you get hired.
- **Support Services:** Transportation, license, day care, may be provided as needed.



WIOA Counselors are employed by the Community Action Agencies of NH (CAP) and provide you and your family with information on other helpful programs.

Please contact a WIOA Counselor for an appointment at any of the NH Works Career Centers:

Berlin 603-752-6720	Claremont 603-543-3111
Concord 603-229-4428	Conway 603-447-1440
Keene 603-358-5813	Laconia 603-528-9315
Littleton 603-444-3613	Manchester 603-656-6503
Nashua 603-880-5219	Portsmouth 603-559-9130
Salem 603-870-5622	Somersworth 603-740-1021



NH HEALTH AND HUMAN SERVICES

The **New Hampshire Department of Health and Human Services (DHHS)** provides programs and services for mental health, developmental disability, substance abuse and public health. This is accomplished through partnerships with families, community groups, private providers, other state and local government services, and citizens throughout the state.

603-271-9700 | <https://nheasy.nh.gov>

You can apply for food stamps, cash assistance, medical assistance, child care and medical savings, online at nheasy.nh.gov at one of the following locations.

Offices are open from 8:00 am - 4:00 pm

BERLIN 650 Main St., Ste. 200 603-752-7800 1-800-972-6111	KEENE 111 Key Rd. 603-357-3510 1-800-624-9700	ROCHESTER 150 Wakefield St., Ste. 22 603-332-9120 1-800-862-5300
CLAREMONT 17 Water St., Ste. 301 603-542-9544 1-800-982-1001	LACONIA 65 Beacon St. West 603-524-4485 1-800-322-2121	SEACOAST DISTRICT OFFICE 19 Rye St. Portsmouth 603-433-8300 1-800-821-0326
CONCORD 40 Terrill Park Dr. 603-271-6200 1-800-322-9191	LITTLETON 80 North Littleton Rd. 603-444-6786 1-800-552-8959	SOUTHERN DISTRICT OFFICE 26 Whipple St. Nashua 603-883-7726 1-800-852-0632
CONWAY 73 Hobbs St. 603-447-3841 1-800-552-4628	MANCHESTER 1050 Perimeter Rd., Ste. 501 603-668-2330 1-800-852-7493	

For more information, visit:
www.dhhs.nh.gov or <https://nheasy.nh.gov>



Covering New Hampshire is the official, free resource for Granite Staters to learn about the Health Insurance Marketplace, the New Hampshire Health Protection Program and the new, affordable health insurance plans now available to you.

www.coveringnewhampshire.org



For everyday needs and difficult times, **211** is your connection to thousands of resources in New Hampshire.
Need Help? Dial 211 | TTY Line: 1-603-634-3388